



**ANGELS PROVIDE “RELIEF” IN TIME FOR MOTHER’S DAY  
Full National Launch of Canada’s First and Only Free Relief  
Nanny-Care Service for Mothers with Breast Cancer**

TORONTO – April 26, 2010 – Facing breast cancer is hard at any time of the year, but it can be worse around Mother’s Day for moms with young children. This Mother’s Day, with the full launch of its services nationally, the Nanny Angel Network is ensuring that mothers with breast cancer can receive “relief” nanny care during and after this special time of year.

“A diagnosis of breast cancer is devastating at the best of times, but it’s especially difficult around Mother’s Day when moms that should be getting a break, have the increased burden of dealing with the disease, while still caring for their young children,” said Audrey Guth, President and CEO of Diamond Personnel, Founder of the Nanny Angel Network. “During my treatment for breast cancer in 2008, I realized that many moms struggled with childcare. I am thrilled that through our volunteer nannies of the Nanny Angel Network we can now offer relief childcare to help moms through this very difficult time.”

The Nanny Angel Network is the first and only service of its kind in Canada. At no cost to mothers diagnosed with breast cancer who are in treatment, or in the early stages of recovery, the Nanny Angel Network provides professional caregivers, Nanny Angels, to families in Toronto, Ottawa, Calgary and Vancouver. The Nanny Angels provide mothers with the security that their children are being well looked after, while they get some much needed rest, go to appointments, or simply have time for themselves.

“In addition to the emotional distress of being diagnosed with breast cancer – multiple doctor appointments, treatments, surgeries, uncertain future – I also worried about the impact on my five-month old baby,” said Uzma Imran, recipient of a Nanny Angel in Toronto. “I was reassured that my Nanny Angel was professional and specialized since it was the first time I left my child with someone else. Iqra took to her right away – it was a well-needed emotional and physical break for me.”

To date, over 30 families from across the country have benefited from the Nanny Angel Network. The Network began training Nanny Angels in September 2009 through a specialized program with instruction in: first-aid and CPR; breast cancer, its treatment, the recovery process, and understanding the psychological and emotional effects the disease may have on the family. To date, 66 nannies are participating in the program (38 in Toronto, 24 in Vancouver, 3 in Calgary, 1 in Ottawa).

“The training I received from the Nanny Angel Network really helped me to feel prepared as a nanny to go into a household that was dealing with a breast cancer diagnosis,” said Lourdes Banggot, Volunteer Nanny Angel. “When I went into Uzma and baby Iqra’s home I saw first-hand

how my volunteer work was having a positive impact. I get so much out of being a nanny and now I've had a chance to give back."

**About the Nanny Angel Network:** The Nanny Angel Network was founded in 2009 by Audrey Guth, President and CEO of Diamond Personnel, to link volunteer professional nannies to mothers with breast cancer. It is generously funded by Rethink Breast Cancer. To be eligible a mother must be newly diagnosed with breast cancer, or in treatment, and must have a child under the age of 12. Nanny Angels are available in Toronto, Calgary and Vancouver for up to five hours of relief care for free per week. All Nanny Angels are experienced and screened carefully. Nanny Angels bring with them a Nanny Angel Activity Bag filled with resource materials, books, and arts and crafts for children. People who know of a family requiring relief nanny care, or of a nanny interested in volunteering, may contact the Nanny Angel Network at 416-730-0025, toll-free at 1-877-731-8866, or go to [www.nannyangelnetwork.com](http://www.nannyangelnetwork.com).

**About Rethink Breast Cancer:** Rethink Breast Cancer is a bold charity that helps young people affected by and concerned about breast cancer through innovative education, research and support programs. For additional information, visit [www.rethinkbreastcancer.com](http://www.rethinkbreastcancer.com).

**FOR MORE INFORMATION, OR TO SECURE AN INTERVIEW WITH A NANNY AND/OR FAMILY, PLEASE CONTACT:**

Nancy Zorzi Communications Inc.  
Nancy Zorzi  
416-484-1652  
[nancyzorzi@yahoo.ca](mailto:nancyzorzi@yahoo.ca)